About
The Michael E. Penland Family Award was established in 2014 with the purpose of providing merit-based awards to outstanding undergraduate students in the Department who are involved with research, service or outreach projects. Pending quality of the applicants, up to four $1,000 awards for projects will be given in the fall of each year. Preference will be given to exceptional submissions by students working on projects aligned with the Exercise Is Medicine program on the UGA campus, which works to promote exercise and physical activity as important factors in health and the prevention and treatment of chronic diseases on campus and in the surrounding community.

Eligibility
- Applicants must be a full-time undergraduate student majoring in athletic training, exercise and sport science, health and physical education, or sport management within the Department of Kinesiology.
- Applicants must have a 3.0 grade point average or above at time of submission.
- Proposed projects can be research, service or outreach based but must align with the Exercise Is Medicine (exerciseismedicine.org) initiative and its paradigm that human movement (exercise, physical activity or reductions in sedentary time) is critical for the prevention and treatment of chronic diseases. Note that projects can be newly proposed or on-going and should be planned to be completed by July 1, 2019.
- Applicants and proposed projects must have a faculty member within the Department of Kinesiology as a sponsor.
- Recipients will be selected by a committee made up of Kinesiology faculty and a doctoral student.

How to Apply
- Application submissions are electronic
  - It is advised to prepare your application in Word and cut and paste the information into the survey fields as described below:
  - Application: Demographic Information
    - Name (full name as registered on the UGA campus)
    - University ID (810 or 811 number)
    - UGA e-mail
    - Year in School
    - Anticipated Graduation Date
    - Overall Cumulative GPA (to be confirmed through DegreeWorks)
    - Program of Study within Kinesiology (Athletic Training, Exercise and Sport Science, Health and Physical Education, or Sport Management)
  - Application: Merit-Base
    - Statement of Excellence: Why do you consider yourself an outstanding applicant for the Penland Award? [200 words maximum for statement]
      Note: The following information should be entered from an existing resume; some fields may not apply to you and could remain empty.
    - Professional Employment (related to field)
    - Professional Certifications
    - Awards Received
    - Membership in Professional Organizations
      - National Organizations (e.g. American College of Sports Medicine, etc.)
- UGA Organizations (e.g. Rho Tau Pre-Physical Therapy Club, etc.)
  - Committee Service and Offices Held
  - Publications and Presentations
  - Sports Participation
  - Other Experiences, Honors, etc.

- Application: Project Information
  - Faculty Sponsor and Description of Support [financial, expertise, space, etc.; 50 words maximum]
  - Statement of Project Significance and Alignment with EIM [200 words maximum total]
  - Project Proposal Components
    - Goal or Aim of Project [250 words maximum]
    - Methods [250 words maximum]
    - Timeline of Execution or Completion [100 words maximum]
    - Anticipated Outcomes and/or Results [200 words maximum]
  - Plan for Use of Funds (Budget) and Justification [200 words maximum total]
    - Funds must be used for project expenses
    - Acceptable costs include equipment, supplies, participant incentives, advertising, etc.
    - Funds may not be used for faculty or student (applicant) salary/stipends

- Two Faculty Statements of Support
  - One statement of support must be from the Kinesiology faculty sponsor
  - Faculty must review the proposal prior to writing a statement of support
  - Faculty statements of support are to be submitted electronically at the available link
  - Faculty Letters of Support Components
    - Basis of Evaluation [in what capacity is the student known (i.e. through the classroom, research supervision, etc.); length of affiliation with student, etc.]
    - Applicant's Most Positive Attributes (skills, personality traits, etc.)
    - Professional Potential (in general for the field)
    - Potential for Successful Completion of Proposed Project
    - Ranking in Comparison to KINS UG Students (i.e. top 5% or 10%, etc.)
    - Planned Support (if faculty sponsor for project)

Submit your application at the following link:

Michael E. Penland Award - Student Application

Faculty Statements of Support can be submitted at the following link:

Michael E. Penland Award - Faculty Statement of Support